

# Trinity Sunday

Prayers, Readings, Reflection.

“Welcome to another short act of worship for the Parish Church of St Martin. For those who are able to follow it as written or listen in, I hope it offers some comfort, encouragement and a sense of being together despite the distance between us.” Rev Jonny



*Be still, and draw yourself closer to the God who rests beside you, before you and within you.*

In the name of the Father and of the Son and of the Holy Spirit.

*All* **Amen.**

The Lord be with you

*All* **And also with you**

We have too often exchanged the worship of the living God for idols of our own imagining. As we gather to offer our praises to the holy and undivided Trinity, and to worship him in spirit and in truth, let us call to mind our sins.

*All* **Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

May the Father forgive *you* by the death of his Son and strengthen you to live in the power of the Spirit all *your* days.

*All* **Amen**

*The Collect for the day*

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*All* **Amen.**

**THE LITURGY OF THE WORD**

*Reading, Genesis 18*

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favour with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

This is the Gospel of the Lord.

*All* **Praise to you O Christ.**

## *Reflection*



### *Nenri Nouwen's Meditation on Rublev's Icon*

What a joy it is for us to be drawn into this circle of divine love portrayed in Rublev's icon! In the words of Henri Nouwen:

The more we look at this holy image with the eyes of faith, the more we come to realize that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation of a difficult doctrine, but as a holy place to enter and stay within.

As we place ourselves in front of the icon in prayer, we come to experience a gentle invitation to participate in the intimate conversation that is taking place among the three divine angels and to join them around the table. The movement from the Father toward

the Son and the movement of both Son and Spirit toward the Father become a movement in which the one who prays is lifted up and held secure...

We come to see with our inner eyes that all engagements in this world can bear fruit only when they take place within this divine circle... the house of perfect love.

Praying to the Lord before Rublev's icon painting can help us to join Abraham in hosting the Lord in our hearts. As we do we discover that the Father, Son, and Spirit were already inviting us to join in their circle of love! "We love because He first loved us" (1 John 4:19).

When we participate in "The Hospitality of Abraham" to the Lord we discover that really we are responding to "The Hospitality of the Trinity."

### Prayers of Intercession

*Pray for one another – those in our church community*

*Pray for the Parish, the Island and the World*

*Pray for the sick, the isolated, the anxious and depressed*

*Pray for the dying, and those who mourn*

*Pray for yourselves, and for your own needs*

Lord in your mercy  
**All Hear our prayer**

*The Intercessions may end as follows*

Merciful Father

**All Accept these prayers  
for the sake of your son,  
our Saviour, Jesus Christ. Amen**

*The Peace*

Peace to you from God our heavenly Father.  
Peace from his Son Jesus Christ who is our peace.  
Peace from the Holy Spirit, the life-giver.  
The peace of the triune God be always with you

*All* **and also with you.**

Let us pray with confidence, as our Saviour taught us

*All* **Our Father**

**who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation but deliver us from  
evil.  
For thine is the kingdom, the power, and the glory  
For ever and ever. Amen.**

*The Blessing.*

May God the Father bless you;  
May Christ take care of you;  
May the Holy Spirit enlighten you all the days of your life  
The Lord be your defender and keeper of body and soul  
Both now and for ever, to the ages of ages

*All* **Amen.**

*(Book of Cerne, 10<sup>th</sup> century)*

Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**

