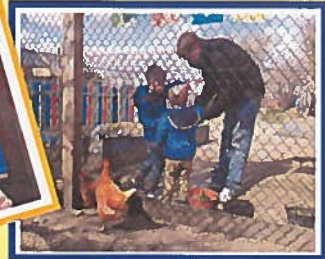
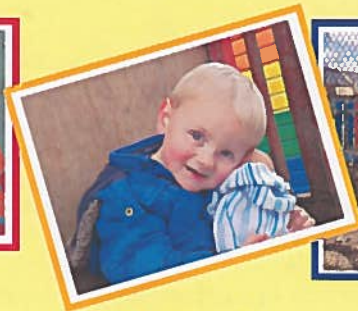


**Welcoming and supporting families in the heart of the community
with quality play, health and learning opportunities**



Samarès Pathways, Samarès School, St Clements JE3 6TG
**Further details (including latest timetable) available on school
webpage www.samares.sch.je or contact g.speed@gov.je
tel 626806**



**Family Nursing
& Home Care**

FNHC tel 443600

**Pathways is a partnership between families,
States of Jersey Education and Health Departments
and Family Nursing & Home Care**

**States
of Jersey**

Welcome to Samarès Pathways Child & Family Centre

'Pathways' is part of Samarès Primary School and a focal point for early learning, health and family support services in the surrounding area.

Nestled within the school grounds, our home is a bright and welcoming bungalow, and a safe, homely and friendly place for families to meet and have fun playing and learning together.

Pathways provides health, educational and community services right on the doorstep, with easy access to information about what else is available to parents, so they can best support their child's early development.

We believe parents want the very best for their children and we listen to families, planning our range of quality opportunities together, according to changing needs.

We believe that with the love and support of family, school and community, every child can flourish enjoy and making the most of their school days.

The caring team at Pathways is dedicated to making a positive difference to health, development and well-being, so that every child has the best possible start in life.



- **Pathways offers:**
- Play groups with learning activities for babies, toddlers and for children preparing for school nursery.
- Learning and well-being support for children of school age.
- A Well Baby and Child Health Clinic, supported by our Health Visiting Team.
- Promotion of healthy lifestyles and positive well-being from the earliest days: including support for breastfeeding mums, baby massage, advice on weaning, nutrition, dental care, child safety and much more.
- A listening ear for families during those times when they may need extra support, professional advice or practical help from our partners or other agencies who offer services for families.
- Early communication and Speech and Language programmes.
- Information about learning opportunities for parents and carers, which may help towards fulfilling their own ambitions. eg. personal development and well-being, parenting programmes, First Aid courses, links to advice about voluntary work, training and pathways to future careers.

Our groups and services:

Well Baby Clinic (Thursdays 9:30am– 11:00am)

An opportunity for parents to have their baby weighed and to discuss his or her health and progress with a member of our Health Visiting Team.

A lovely venue to meet other parents of new babies. All welcome.

9-12month and 2 year Health and Development Assessments

A convenient location for parents to bring their babies and toddlers for important checks on health and developmental milestones.

Appointments with a member of the Health Visiting Team are available to every child.

(more info. from Health Visitor)

'Drop-in' Morning (Fridays 8:45am-10:45am)

A relaxed session where all are welcome. Join us to play and chat.

There are lots of toys, books and activities for babies and toddlers to enjoy.

We love to play outdoors too! During term-time parents and carers of older children are also invited to drop in for a 'cuppa' and to take a break!

'Breastfeeding Buddies'

Expectant and nursing mums can meet in a warm and comfortable environment, to share experiences and encouragement, and to receive regular support and advice from one of our team of specialist Health Visitors.

A friendly, relaxed group. All welcome.

'Baby Grow'

Play, sensory experiences, learning opportunities and friendship for all new parents and babies aged 0-12months, who live in the parish of St. Clements. Led by Vanessa Gidley, our Parenting Keyworker.

Just come along and join the fun!

'Family Focus' (Normally 3rd Sat. of month)

This group is for all the family- we particularly welcome dads and other male family members or carers. Come and have some fun and meet other families - we like to get out and about ! Open to all neighbourhood families.

To find out what we have planned and to book a place, please 'phone 626806.

'Parentscope' (First Tues. of the month)

A friendly drop-in session where, over a cup of tea, parents can chat through any concerns they have about their child's health & development, education, behaviour and well-being with a range of experienced professionals.

Open to all parents of children who attend or live in Samarès School catchment or attend Plat Douet, St.Clements, St.Luke's, Grouville and Rocquier schools.



Please see over

Pathways also offers families:

'Baby Massage'

A 4- week course where parents can learn the benefits and techniques of baby massage– a wonderful bonding experience enjoyed by parents and babies alike! Led by Community Nursery Nurse, Laura Belhomme.

Applications in new -baby birth packs and from Pathways

'Pop in and Play'

A friendly and relaxed group offering play and social experiences for babies and tots, plus support for parents from Community Nursery Nurses.

Referral for a place through Health Visiting team

Speech and Language Therapy (SaLT)

Speech and Language programmes for pre-school children and primary pupils, run by our team of SaLT Therapists.

Appointments arranged via SaLT, William Knott Centre

'Footsteps to Nursery'

Especially for little ones who may be joining Samarès School Nursery , along with their mums and dads or carers. Fun activities designed to help prepare children (and their parents!) for their exciting journey to school!

Takes place in the summer term before September Nursery intake.

MECSH Play group

A caring group for mums to meet together with their little ones, supported by our Health Visiting Team.

Referrals for places arranged through Health Visitor

'Early Bird'

A supportive 3 -month programme for parents of under-fives who have a diagnosis of autism. Facilitated by Sarah-Jane Walker, Parent Partnership Officer & Laura Elcock, Brighter Futures Facilitator.

'Little Gems'

A small, friendly group for babies who have been in SCBU and their parents.

A peer support group run by parents, places arranged through centre manager, tel 626806.

Useful Numbers:

Samarès School.....	735415
Parenting Support Services & Brighter Futures (The Bridge Child & Family Centre)	449152
Family Nursing & Home Care.....	443600
Jersey Child Care Trust.....	629901
Multi Agency Safeguarding Hub (MASH)	449783
NSPCC Jersey	738143

